

676 RCACC Master Training Plan

			Green Star - A		Red Star - A		Silver Star		Gold Star		Master Cadet
DATE	PERIOD	PO/EO	SUBJECT / EO PERFORMANCE STATEMENT	PO/EO	SUBJECT / EO PERFORMANCE STATEMENT	PO/EO	SUBJECT / EO PERFORMANCE STATEMENT	PO/EO	SUBJECT / EO PERFORMANCE STATEMENT	PO/EO	SUBJECT / EO PERFORMANCE STATEMENT
04-Sep-13	1 19:10 - 19:40	M-105.01a	Recreational Sports - Participate in Organized Recreational Team Sports.	M-205.01a	Recreational Sports - Participate in Organized Recreational Team Sports	M-305.01a	Recreational Sports - Participate in Organized Recreational Team Sports.	M-405.01a	Recreational Sports - Participate in Organized Recreational Team Sports.		
	Instructor			Instructor		Instructor		Instructor		Instructor	
	2 19:35 - 20:05	M-105.01b	Recreational Sports - Participate in Organized Recreational Team Sports.	M-205.01b	Recreational Sports - Participate in Organized Recreational Team Sports	M-305.01b	Recreational Sports - Participate in Organized Recreational Team Sports.	M-405.01b	Recreational Sports - Participate in Organized Recreational Team Sports.		
	Instructor			Instructor		Instructor		Instructor		Instructor	
	3 20:35 - 21:05	C-103.01	Leadership - Participate in Icebreaker Activities.	M-205.01c	Recreational Sports - Participate in Organized Recreational Team Sports	M-305.01c	Recreational Sports - Participate in Organized Recreational Team Sports.	M-405.01c	Recreational Sports - Participate in Organized Recreational Team Sports.		
	Instructor			Instructor		Instructor		Instructor		Instructor	
11-Sep-13	1 19:10 - 19:40	M-108.01	Drill - Adopt the Positions of Attention, Stand at Ease, and Stand Easy.	M-207.01	General Cadet Knowledge - Identify Red Star Training Opportunities	M-307.01	General Cadet Knowledge - Identify Silver Star Training Opportunities	M-407.01	General Cadet Knowledge - Identify Gold Star Training Opportunities		
	Instructor		Sgt Harripersad	Instructor	Lt McConkey	Instructor	Capt Lima / Capt McConkey	Instructor	Lt Bruce	Instructor	
	2 19:35 - 20:05	M-107.01	General Cadet Knowledge - Participate in Discussion on Year One Training.	C-207.01	General Cadet Knowledge - Identify the Rank Structure of the Royal Canadian Sea and Air Cadets	M-303.01a	Leadership - Define the Role of a Team Leader	M-407.02	General Cadet Knowledge - Identify Year Four Cadet Summer Training Centre (CSTC) Training Opportunities		
	Instructor		CV Rosborough	Instructor	Lt McConkey	Instructor	CV Taylor	Instructor	Lt Bruce	Instructor	
	3 20:35 - 21:05	M-108.02	Drill - Execute a Salute at the Halt Without Arms.	M-203.01	Leadership - Discuss Leadership Within a Peer Setting	M-303.01b	Leadership - Define the Role of a Team Leader	M-403.01	Leadership - Describe Needs and Expectations of Team Members		
	Instructor		Sgt Brisebois	Instructor	Sgt Guerin	Instructor	CV Taylor	Instructor	Sgt Poynter	Instructor	
18-Sep-13	1 19:10 - 19:40	M-121.01a	Bivouac Exercise - Select Personal Equipment.	M-208.01a	Drill - Execute Left and Right Turns on the March	M-309.01a	Instructional Techniques - Explain the Principles of Instruction	O-Expedition Trg	Unit Created Optional Training - Prepare in Training		
	Instructor		CV Rosborough	Instructor	Lt McConkey	Instructor	CV Taylor	Instructor	Lt Bruce	Instructor	
	2 19:35 - 20:05	M-108.03	Drill - Execute Turns at the Halt.	O-Drill Assist	Unit Created Optional Training - Assist with Green Star Drill	M-309.01b	Instructional Techniques - Explain the Principles of Instruction	M-424.01a	Survival - Sharpen a Survival Knife		
	Instructor		CV Rosborough	Instructor	Red Star Cadets Instructing	Instructor	CV Taylor	Instructor	MWO Cameron	Instructor	
	3 20:35 - 21:05	M-104.01	Personal Fitness and Healthy Living - Identify Activities That Will Help Achieve a Healthy Active Lifestyle.	M-208.01b	Drill - Execute Left and Right Turns on the March	C-104.01	Personal Fitness and Healthy Living - Create Team Goals.	M-424.01b	Survival - Sharpen a Survival Knife		
	Instructor		WO McDonald-Webb	Instructor	Lt McConkey	Instructor	Sgt Gillies	Instructor	MWO Cameron	Instructor	
25-Sep-13	1 19:10 - 19:40	M-107.02	General Cadet Knowledge - Identify Army Cadet Ranks and Officer Ranks.	C-203.02a	Leadership - Employ Problem Solving	M-309.02a	Instructional Techniques - Identify Methods of Instruction	M-403.02a	Leadership - Select a Leadership Approach		
	Instructor		Sgt Guerin	Instructor	Sgt Harripersad	Instructor	CV Taylor	Instructor	WO Peel	Instructor	
	2 19:35 - 20:05	M-108.04	Drill - Close to the Right and Left.	C-203.03b	Leadership - Discuss Characteristics of a Leader	M-309.02b	Instructional Techniques - Identify Methods of Instruction	M-409.01a	Instructional Techniques - Identify Methods of Instruction		
	Instructor		Sgt Brisebois	Instructor	Sgt Harripersad	Instructor	CV Taylor	Instructor	WO Taylor	Instructor	

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	3 20:35 - 21:05	M-121.01b	Bivouac Exercise - Select Personal Equipment.	M-221.01	Bivouac Exercise - Perform the Duties of a Section Member in the Field	M-309.03	Instructional Techniques - Describe Effective-Speaking Techniques	M-409.01b	Instructional Techniques - Identify Methods of Instruction		
	Instructor		CV Rosborough	Instructor	Sgt Downey	Instructor	WO Jewell	Instructor	WO Taylor	Instructor	