

676 RCACC Master Training Plan

			Green Star		Red Star		Silver Star		Gold Star		Master Cadet
DATE	PERIOD	PO/EO	SUBJECT / EO PERFORMANCE STATEMENT	PO/EO	SUBJECT / EO PERFORMANCE STATEMENT	PO/EO	SUBJECT / EO PERFORMANCE STATEMENT	PO/EO	SUBJECT / EO PERFORMANCE STATEMENT	PO/EO	SUBJECT / EO PERFORMANCE STATEMENT
01-Feb-17	1 19:10 - 19:40	M-108.10	Drill - Execute a Salute on the March.	M-221.04	Bivouac Exercise - Perform Basic First Aid	M-303.03	Leadership - Practice Self-Assessment	M-425.04a	Outdoor Leadership - Develop an Expedition Ration Plan	M-507.01c	General Cadet Knowledge - Develop a Personalized Schedule
Duty NCO	Instructor		WO Peel	Instructor	Sgt Crocker - Sgt Walker	Instructor	MWO Varas	Instructor	MWO Patterson	Instructor	2Lt Rueda
MWO Saloio	Location		Parade Square	Location	Red Star Room	Location	Silver Star Room	Location	Gold Star Room	Location	Green Star Room
	2 19:35 - 20:05	C-101.04a	Bivouac Exercise - Recognize the Effects of Cold Weather.	M-221.05a	Bivouac Exercise - Tie Knots	M-308.02	Drill - Deliver Words of Command	M-425.04b	Outdoor Leadership - Develop an Expedition Ration Plan		
	Instructor		MWO Campbell / WO Nguyen	Instructor	Sgt Peel - Sgt Parker, R	Instructor	MWO Cooke	Instructor	MWO Patterson	Instructor	
	Location		Green Star Room	Location	Red Star Room	Location	Silver Star Room	Location	Gold Star Room	Location	
	3 20:35 - 21:05	C-101.04b	Bivouac Exercise - Recognize the Effects of Cold Weather.	M-221.05b	Bivouac Exercise - Tie Knots	C-309.01a	Instructional Techniques - Deliver a One-Minute Verbal Presentation	C-325.01d	Outdoor Leadership - Communicate During an Expedition		
	Instructor		MWO Campbell / WO Nguyen	Instructor	Sgt Peel - Sgt Parker, R	Instructor	MWO Collins	Instructor	MWO Ramdass, N	Instructor	
	Location		Parade Square	Location	Red Star Room	Location	Silver Star Room	Location	Gold Star Room	Location	
08-Feb-17	1 19:10 - 19:40	C-104.01a	Personal Fitness and Healthy Living - Participate in the Cadet Fitness Assessment and Identify Strategies for Improving	O-Sports Night	Unit Created Optional Training - Cadets will participate in fitness and sports	O-Sports Night	Unit Created Optional Training - Cadets will participate in fitness and sports	O-Sports Night	Unit Created Optional Training - Cadets will participate in fitness and sports		
Duty NCO	Instructor		MWO Cooke / MWO Saloio	Instructor	MWO Cooke / MWO Saloio	Instructor	MWO Cooke / MWO Saloio	Instructor	MWO Cooke / MWO Saloio	Instructor	
WO James	Location		Parade Square	Location	Parade Square	Location	Parade Square	Location	Parade Square	Location	
	2 19:35 - 20:05	C-104.01b	Personal Fitness and Healthy Living - Participate in the Cadet Fitness Assessment and Identify Strategies for Improving	O-Sports Night	Unit Created Optional Training - Cadets will participate in fitness and sports	O-Sports Night	Unit Created Optional Training - Cadets will participate in fitness and sports	O-Sports Night	Unit Created Optional Training - Cadets will participate in fitness and sports		
	Instructor		MWO Cooke / MWO Saloio	Instructor	MWO Cooke / MWO Saloio	Instructor	MWO Cooke / MWO Saloio	Instructor	MWO Cooke / MWO Saloio	Instructor	
	Location		Parade Square	Location	Parade Square	Location	Parade Square	Location	Parade Square	Location	
	3 20:35 - 21:05	C-104.01c	Personal Fitness and Healthy Living - Participate in the Cadet Fitness Assessment and Identify Strategies for Improving	O-Sports Night	Unit Created Optional Training - Cadets will participate in fitness and sports	O-Sports Night	Unit Created Optional Training - Cadets will participate in fitness and sports	O-Sports Night	Unit Created Optional Training - Cadets will participate in fitness and sports		
	Instructor		MWO Cooke / MWO Saloio	Instructor	MWO Cooke / MWO Saloio	Instructor	MWO Cooke / MWO Saloio	Instructor	MWO Cooke / MWO Saloio	Instructor	
	Location		Parade Square	Location	Parade Square	Location	Parade Square	Location	Parade Square	Location	
15-Feb-17	1 19:10 - 19:40	C-108.01a	Drill - Execute Supplementary Drill Movements.	M-221.05c	Bivouac Exercise - Tie Knots	M-303.06b	Leadership - Solve Problems	C-121.04a	Bivouac Exercise - Recognize the Effects of Cold Weather.		
Duty NCO	Instructor		MWO Patterson	Instructor	MCpl Richardson (Assessor MWO Pushman)	Instructor	WO Carter	Instructor	MWO Saloio	Instructor	
MWO Nguyen	Location		Green Star Room	Location		Location	Silver Star Room	Location	Gold Star Room	Location	
	2 19:35 - 20:05	C-121.03	Bivouac Exercise - Select Cold Weather Clothing.	M-223.02	Hiking & Trekking - Identify Hiking/Trekking Associations	M-303.06a	Leadership - Solve Problems	C-121.04b	Bivouac Exercise - Recognize the Effects of Cold Weather.		
	Instructor		MCpl Siuda - Sgt Roncato (Assessor CI Routhier)	Instructor	Sgt Parker, J	Instructor	WO Carter	Instructor	MWO Saloio	Instructor	
	Location		Green Star Room	Location	Red Star Room	Location	Silver Star Room	Location	Gold Star Room	Location	
	3 20:35 - 21:05	CO Parade		CO Parade		CO Parade		CO Parade		CO Parade	
	Instructor			Instructor		Instructor		Instructor		Instructor	
	Location		Parade Square	Location	Parade Square	Location	Parade Square	Location	Parade Square	Location	
22-Feb-17	1 19:10 - 19:40	M-121.03c	Bivouac Exercise - Tie Knots and Lashings.	M-201.02	Citizenship - Discuss the Principles of Environmental Stewardship	M-309.07a	Instructional Techniques - Instruct a 15-Minute Lesson	C-325.02	Outdoor Leadership - Participate in a Presentation on the Duke of Edinburgh Award Program	M-503.01	Leadership - Create a Proposal
Duty NCO	Instructor		Sgt Celerian (MWO Varas)	Instructor	MCpl Toor (MWO Campbell)	Instructor	MWO Pushman / MWO Varas	Instructor	CI Routhier	Instructor	
WO Payton	Location		Green Star Room	Location	Red Star Room	Location	Silver Star Room	Location		Location	
	2 19:35 - 20:05	M-120.01	Canadian Forces Familiarization - Describe the Roles of the Canadian Forces.	M-207.03	General Cadet Knowledge - Recognize the Role and Responsibilities of the Local Sponsor	M-309.07b	Instructional Techniques - Instruct a 15-Minute Lesson	M-403.06	Leadership - Act as a Team Leader During a Leadership Appointment		
	Instructor		CWO Cooke	Instructor	WO Peel	Instructor	MWO Pushman / MWO Varas	Instructor	MWO Ramdass, N	Instructor	
	Location		Green Star Room	Location	Red Star Room	Location	Silver Star Room	Location	Gold Star Room	Location	
	3 20:35 - 21:05	M-108.11	Drill - Pay Compliments With a Squad on the March.	C-207.01	General Cadet Knowledge - Identify the Rank Structure of the Royal Canadian Sea and Air Cadets	M-309.07c	Instructional Techniques - Instruct a 15-Minute Lesson	C-422.02	Navigation - Create a Geocache		
	Instructor		MWO Nguyen	Instructor	WO Sydney	Instructor	MWO Pushman / MWO Varas	Instructor	WO James	Instructor	
	Location		Green Star Room	Location	Red Star Room	Location	Silver Star Room	Location	Gold Star Room	Location	